(A) Valid.

This is a correct interpretation of a 95% confidence interval. When we say that we are 95% confident, it means that if we were to take numerous random samples and construct a confidence interval from each, we would expect about 95% of these intervals to contain the true average number of chocolate chips per cookie. Thus, we are 95% confident that the interval from 18.6 to 21.3 includes the true average number of chocolate chips per cookie.